

The Belsteads School - Careers Programme

Vision: To develop key employability and life skills, gain an understanding of the world of work, explore personal interests and aspirations, and experience supported and inclusive encounters with employers, workplaces, and further education, to give our students the best chance of success in their lives beyond Belsteads.

	Year 7			Year 8			Year 9			Year 10			Year 11		
	<i>Introduction to Myself and the World of Work</i>			<i>Exploring Skills and Workplaces</i>			<i>My Strengths and Pathways</i>			<i>Preparing for Work and Learning</i>			<i>Transition Planning and Independence</i>		
Milestones	Awareness of different types of jobs	Introduction to the 8 essential skills	Reflect on own interests and strengths	Develop understanding of essential skills and their use at school/home	Explore local workplaces through videos, virtual tours or visits	Begin discussing how learning links to jobs	Understand own strengths and preferred ways of working	Learn about supported training and job pathways (e.g. supported internships, college)	Build on essential skills in structured group tasks	Set goals for the future using Skills Builder's "Aiming High"	Practice interview or application-style conversations	Experience an encounter with a workplace or employer	Work with adult support to plan a transition to a post-16 destination	Engage with a careers adviser or mentor	Take part in an interview or workplace task
Learning Outcomes	Can name a range of job types (e.g. shop worker, nurse, engineer, chef)	Can describe what a skill is	Can say what they enjoy and are good at	Can match skills to simple tasks (e.g. teamwork = working together to build something)	Can say what kinds of jobs people do in a local business	Can reflect on a school subject and say what job might use it (e.g. maths and money jobs)	Can describe personal qualities and what kind of work they might enjoy	Can name at least two post-16 options (e.g. college, work-based learning)	Can take part in structured group problem-solving activities	Can name steps to reach a goal (e.g. finish school → college → job)	Can complete a basic CV template (with Support)	Can talk about a job and say what skills are needed	Can take part in a supported planning meeting about their next steps	Can describe what they want to do after school and what support they may need	Can demonstrate improved communication and confidence when meeting new people

Year 7 - Introduction to Myself and the World of Work

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Learning Outcomes	Can name a range of job types (e.g. shop worker, nurse, engineer, chef)		Can describe what a skill is (e.g. listening or teamwork)		Can say what they enjoy and are good at	
Milestones	Awareness of different types of jobs		Introduction to the 8 essential skills		Reflect on own interests and strengths	
Careers Lessons, Events, Activities & Resources	Guess the Staff Member - First Jobs Quiz	“What Makes a Good...” Matching Activity Jigsaw PSHE Challenging discrimination, protected characteristics and the equality act Ignition Arts Teamwork and Confidence Workshop Barleylands Farm Visit - Careers Q&A	Skills Builder Career Cards Jigsaw PSHE Achievement and Failure; Key skills needed for the future, what skills would I like to develop? Chelmsford County Court Visit – Careers Q&A	National Careers Week assembly Colchester Zoo Visit - Careers Q&A Stansted Airport Visit – Careers Q&A	Skills Builder Career Challenges What are my strengths and interests? What am I good at? Activity.	Enterprise and Entrepreneurship Day

Year 8 - Exploring Skills and Workplaces

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Learning Outcomes	Can match skills to simple tasks (e.g. teamwork = working together to build something)		Can say what kinds of jobs people do in a local business		Can reflect on a school subject and say what job might use it (e.g. maths and money jobs)	
Milestones	Develop understanding of essential skills and their use at school/home		Explore local workplaces through videos, virtual tours or visits		Begin discussing how learning links to jobs	
Careers Lessons, Events, Activities & Resources	Guess the Staff Member - First Jobs Quiz Skills and Tasks Matching Activity	Skills Builder Career Cards Ignition Arts Teamwork and Confidence Workshop	Local Workplace Visit – Volunteering at the Foodbank, etc. Jigsaw PSHE • Short, medium & long-term goals, flexibility, employability skills, grit • Money, wages and career goals, what affects your earning potential, budgeting	Virtual Tours of Workplaces – My Skills My Future Employer projects: Hugglepets National Careers Week assembly	Skills Builder Career Challenges	Enterprise and Entrepreneurship Day

Year 9 - My Strengths and Pathways

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Learning Outcomes	Can describe personal qualities and what kind of work they might enjoy		Can name at least two post-16 options (e.g. college, work-based learning)		Can take part in structured group problem-solving activities	
Milestones	Understand own strengths and preferred ways of working		Learn about supported training and job pathways (e.g. supported internships, college)		Build on essential skills in structured group tasks	
Careers Lessons, Events, Activities & Resources	Staff First Jobs Quiz Create an 'About Me' Profile that builds on the Year 7 "What are my strengths and interests? What am I good at? Activity" to reflect on progress and change.	Skills Builder Career Cards Jigsaw PSHE - LGBT+ rights in the Workplace - Diversity, discrimination, protected characteristics, EQ act, equality, prejudice and stereotyping, ageism, protecting against discrimination	Pathways activity Jigsaw PSHE Importance of planning, career options, world of work, choice	Begin ASDAN Options! National Careers Week assembly	Skills Builder Career Challenges	Enterprise and Entrepreneurship Day

Year 10 - Preparing for Work and Learning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Learning Outcomes	Can name steps to reach a goal (e.g. finish school → college → job)		Can complete a basic CV template (with Support)		Can talk about a job and say what skills are needed	
Milestones	Set goals for the future using Skills Builder's "Aiming High"		Practice interview or application-style conversations		Experience an encounter with a workplace or employer	
Careers Lessons, Events, Activities & Resources	Staff First Jobs Quiz Chelmsford Careers Fair Skills Builder Career Cards	Talk the Talk -Interview Skills Workshop Jigsaw PSHE • Hidden disability, examples, challenges for those affected, protected characteristics, EQ act, equality • Workplace expectations and disability, promoting equality, fair pay, rights and responsibilities	Skills Builder Mock Interviews Jigsaw PSHE • Money, wages and career goals, what affects your earning potential, budgeting	CV Workshop – create your CV: Skills Builder Skills-based CV Guide National Careers Week assembly	Skills Builder Career Challenges Work Experience Taster Days (In-House) Parents' Workshop to help with understanding post-16 application process	Careers Advisor 1-2-1 Enterprise and Entrepreneurship Day

Year 11 - Transition Planning and Independence

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Learning Outcomes	Can take part in a supported planning meeting about their next steps		Can describe what they want to do after school and what support they may need		Can demonstrate improved communication and confidence when meeting new people	
Milestones	Work with adult support to plan a transition to a post-16 destination		Engage with a careers adviser or mentor		Take part in an interview or workplace task	
Careers Lessons, Events, Activities & Resources	Staff First Jobs Quiz Chelmsford Careers Fair College and Post-16 Provision Visits	Skills Builder Career Cards Talk the Talk -Interview Skills Workshop EHCP Annual Reviews with Careers Advisor for students and parents Skills Builder Career Challenges	Work Experience Jigsaw PSHE • Money, work, debt, gambling, employment, types of employment e.g., self-employed, employee, zero hours, financial goals, budgeting credit cards • Jobs in the future, dream job, managing your skillset, employment opportunities	National Careers Week assembly Develop CV: Skills Builder Skills-based CV Guide	Exams Duke of Edinburgh-volunteering College/Post-16 Provision Interviews	Enterprise and Entrepreneurship Day Duke of Edinburgh-volunteering College/Post-16 Provision Interviews

